



## Medical and Dental History Form

Today's Date: \_\_\_\_\_

### Patient Information

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Reason for today's visit: \_\_\_\_\_

Primary Care Physician's Name: \_\_\_\_\_

Clinic Name: \_\_\_\_\_

### Medical History

Please check any of the following conditions you currently have or have had in the past:

- |  |  |  |   |
|--|--|--|---|
| <input type="checkbox"/> Heart Disease               | <input type="checkbox"/> High Blood Pressure       | <input type="checkbox"/> Anemia  | <input type="checkbox"/> Rheumatic Fever    |
| <input type="checkbox"/> Pacemaker                   | <input type="checkbox"/> Artificial Heart Valve    | <input type="checkbox"/> Diabetes Type 1                                 | <input type="checkbox"/> Asthma             |
| <input type="checkbox"/> Hypoglycemia                | <input type="checkbox"/> Thyroid Disease           | <input type="checkbox"/> Diabetes Type 2                                 | <input type="checkbox"/> Chronic Bronchitis |
| <input type="checkbox"/> Emphysema                   | <input type="checkbox"/> Stroke                    | <input type="checkbox"/> Tuberculosis                                    | <input type="checkbox"/> HIV/AIDS           |
| <input type="checkbox"/> Hepatitis (A, B, or C)      | <input type="checkbox"/> Liver Disease             | <input type="checkbox"/> Kidney Disease                                  | <input type="checkbox"/> Renal Dialysis     |
| <input type="checkbox"/> Lupus                       | <input type="checkbox"/> Multiple Sclerosis        | <input type="checkbox"/> Sleep Apnea                                     | <input type="checkbox"/> Acid Reflux/GERD   |
| <input type="checkbox"/> Anxiety                     | <input type="checkbox"/> COPD                      | <input type="checkbox"/> Blood Clots/Thrombosis                          |   |
| <input type="checkbox"/> Depression                  | <input type="checkbox"/> Osteoporosis              | <input type="checkbox"/> Blood Disorders (e.g., Sickle Cell, Hemophilia) |   |
| <input type="checkbox"/> Glaucoma                    | <input type="checkbox"/> Cold Sores/Fever Blisters | <input type="checkbox"/> Artificial Joint (hip, knee, etc.)              |   |
| <input type="checkbox"/> Cancer (Specify type) _____ | <input type="checkbox"/> Autoimmune Disorder       |  |   |
| <input type="checkbox"/> Other (Specify): _____      |  |  |   |

### Are you currently taking any blood-thinning medications (anticoagulants or antiplatelet drugs)?

☐ Yes ☐ No

If yes, please check all that apply:

- ☐ Warfarin (Coumadin) ☐ Clopidogrel (Plavix) ☐ Rivaroxaban (Xarelto) ☐ Apixaban (Eliquis)  
☐ Dabigatran (Pradaxa) ☐ Aspirin (regular or low-dose) ☐ Other (Please specify): \_\_\_\_\_

### Do you have any history of abnormal bleeding or easy bruising?

☐ Yes ☐ No

If yes, please explain: \_\_\_\_\_

### Do you currently take any medications for osteoporosis?

☐ Yes ☐ No

If yes, please check all that apply:

- ☐ Oral Bisphosphonates (e.g., Alendronate [Fosamax], Ibandronate [Boniva]) ☐ Denosumab (Prolia)  
☐ IV Bisphosphonates (e.g., Zoledronic Acid [Reclast]) ☐ Other (Please specify): \_\_\_\_\_

History of surgeries or medical procedures: \_\_\_\_\_

**Do you need to take antibiotics before dental appointments?**

☐ Yes ☐ No

**Are you currently pregnant?**

☐ Yes ☐ No

**Current Medications**

☐ None

Please list all medications you are currently taking (or provide a list):

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**Allergies**

☐ None

Do you have any known allergies to medications, anesthetics, or materials used in dental treatments?

☐ Yes ☐ No

If yes, please list all known allergies and reactions: \_\_\_\_\_

Other allergies: \_\_\_\_\_

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**Dental Health History**

Please check any of the following conditions you currently have or have had in the past:

- ☐ Tooth Sensitivity ☐ Bleeding Gums ☐ Previous Scaling and Root Planing ☐ Previous Gum Grafting  
☐ Bad Breath ☐ Dry Mouth ☐ Jaw Pain ☐ Clicking or Popping of Jaw ☐ Teeth Grinding or Clenching  
☐ Temporomandibular Joint Disorder (TMJ/TMD) ☐ Pain with Hot/Cold Foods ☐ Toothaches  
☐ Loose Teeth ☐ Mouth Sores ☐ Oral Habits (Thumb sucking, Nail biting, etc.) ☐ Frequent Headaches  
☐ Other (please specify): \_\_\_\_\_

**Oral Hygiene Practices**

1. **How often do you brush your teeth?**

☐ Once a day ☐ Twice a day ☐ More than twice a day ☐ Less than once a day

2. **What type of toothbrush do you use?**

☐ Manual ☐ Electric ☐ Other: \_\_\_\_\_

3. **How often do you floss?**

☐ Once a day ☐ Less than once a day ☐ Occasionally ☐ Rarely ☐

4. **Do you currently use any tobacco products (smoking, vaping, smokeless)?**

☐ Yes ☐ No

If yes, how frequently? ☐ Daily ☐ Occasionally ☐ Quit (how long ago?) \_\_\_\_\_

5. **Do you consume sugary foods or drinks on a regular basis?**

☐ Yes ☐ No

If yes, how often? ☐ Daily ☐ Occasionally ☐ Rarely

\_\_\_\_\_  
Patient/Parent/Legal Guardian Signature

\_\_\_\_\_  
Date